

# Can You Crack the Code of Forgiveness?

Forgiveness isn't always black and white, right? Sometimes it feels like a puzzle—do you need an apology first, or can forgiveness simply be given freely? What about when the other person doesn't even acknowledge they did wrong? This quiz dives into the heart of forgiveness, blending deep questions with gentle reflections to help you explore your own views and feelings.

Ready to navigate the complex, sometimes messy, beauty of letting go? Let's get started.

## 1. When someone hurts you but never admits it, what's your first instinct about forgiveness?

- *Forgive internally, but keep my distance until they show real remorse.*
- *Hold my forgiveness until they sincerely apologize.*
- *Try to forgive anyway, even if they don't acknowledge the hurt.*
- *Ignore forgiveness entirely—sometimes it's just not possible.*

## 2. Jesus mentions forgiving “if they repent.” In your experience, how important is a clear apology for you to truly forgive?

- *Absolutely essential – no apology, no forgiveness.*
- *It helps, but I can sometimes forgive without it.*
- *Repentance doesn't matter; forgiveness is for my peace, not theirs.*
- *Honestly, I'm still figuring out how this applies in real life.*

## 3. What does “internal forgiveness” mean to you?

- *Letting go of anger inside my heart, regardless of what the other person does.*
- *Eventually trusting the person again after they've changed.*
- *Actively praising or blessing the person who hurt me.*
- *A private choice, but one that might never translate into “external” forgiveness.*

## 4. If you've forgiven someone internally but they keep hurting you or don't seek reconciliation, what's your best response?

- *Maintain healthy boundaries but bless them from afar.*
- *Keep forgiving externally too, trying to fix the relationship.*
- *Don't forgive again; protect yourself first.*
- *Wait and watch for signs of real change before deciding.*

**5. How do you interpret Jesus’s words in Matthew 6: “If ye forgive not men their trespasses, neither will your Father forgive your trespasses”?**

- *Forgiveness is a non-negotiable condition for receiving God’s forgiveness.*
- *It’s a call to cultivate a forgiving heart—even if it’s difficult.*
- *A stern warning about the danger of holding grudges long-term.*
- *A reminder that forgiveness transforms both the forgiver and the forgiven.*

**6. Which of these best describes how you handle forgiving someone who refuses to acknowledge their wrongdoing or change?**

- *I bless them quietly and pray for them, but keep my emotional guard up.*
- *I struggle with forgiveness, but try to practice compassion.*
- *I don’t think I can forgive fully until they repent.*
- *I believe forgiveness is always available, regardless of their actions.*

**7. When reading stories of real-life forgiveness without repentance—like Erika Kirk forgiving her husband’s accused murderer—what feeling resonates most with you?**

- *Awe at the power of forgiveness beyond justice.*
- *Confusion—how can you forgive without an apology?*
- *Inspiration to forgive more freely in my own life.*
- *Respect for their strength, but doubts about the necessity of it for everyone.*

**8. How would you react if someone asked for your forgiveness repeatedly throughout the day, as Jesus suggests forgiving “seven times in a day”?**

- *It’s a noble ideal; I’d try to forgive as often as needed.*
- *It sounds exhausting—there has to be a limit.*
- *I’d hope it means they truly want to change, not just ask repeatedly.*
- *I think forgiveness should be granted generously, but trust must be rebuilt carefully.*

**9. Which statement best captures your view on reconciliation after forgiveness?**

- *Reconciliation is ideal but not required for true forgiveness.*
- *Forgiveness naturally leads to reconciliation if both parties are willing.*
- *Forgiveness can happen without reconnecting, especially for personal peace.*
- *Without repentance and change, reconciliation feels risky or impossible.*